

SCHOOL FOOD POLICY COUNTRY FACTSHEETS



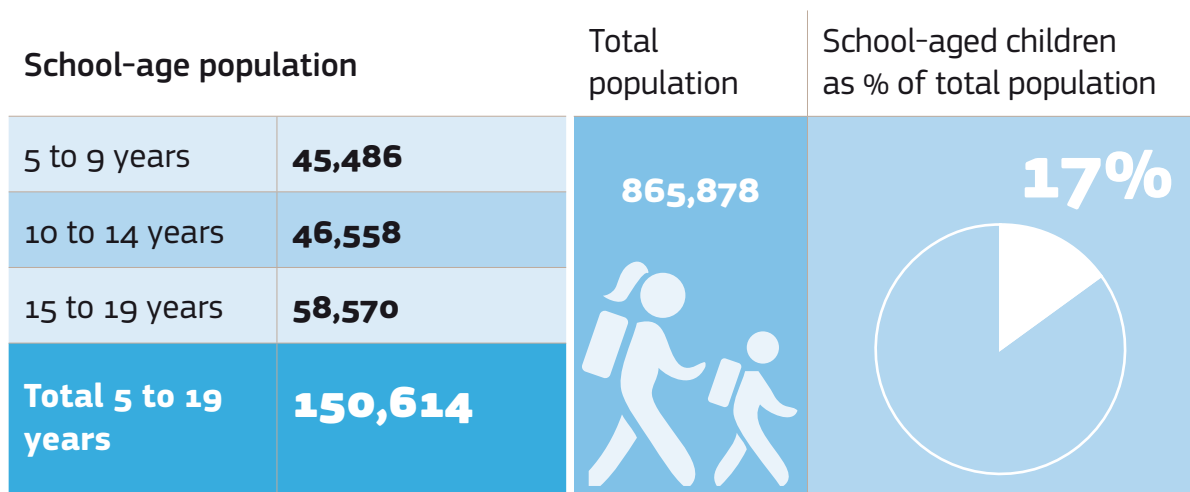
CYPRUS



School food policy (voluntary)	There is no generic school food policy, but legally binding lists of foods and beverages approved for sale in school kiosks exist; if kiosks are found to deviate, they are fined. “Timokatalogos dimotiki ekpaidefsi” “Timokatalogos mesi ekpaidefsi”
Developed by	Ministry of Education and Culture
Year of publication	2012
Web link(s)	n/a

General information

Demographic data



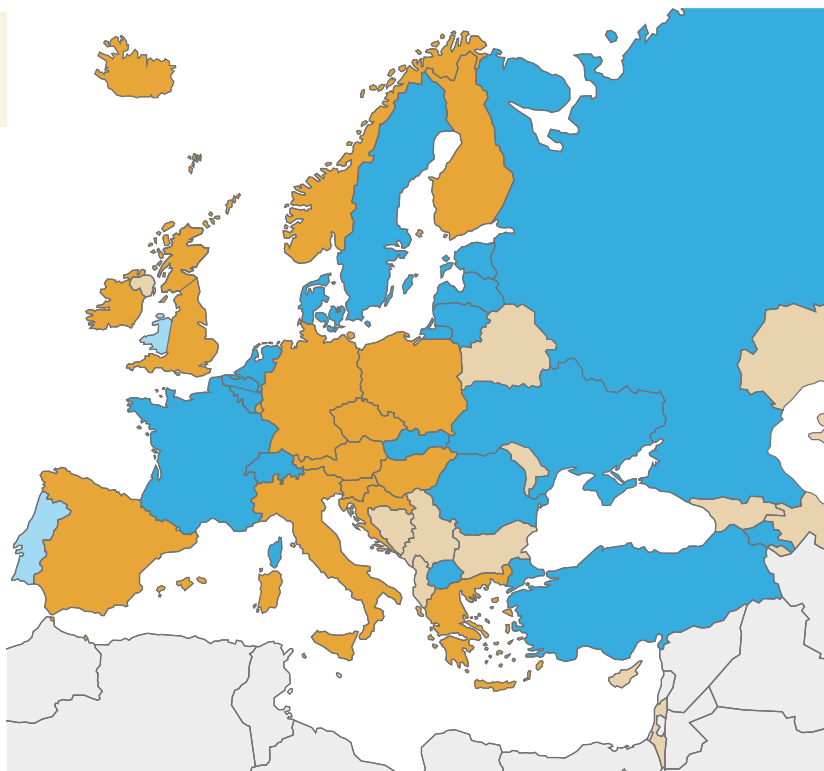
Source: EUROSTAT, year 2013.



Adolescent overweight/obesity prevalence in Europe

15-year-old girls who report that they are overweight or obese according to BMI

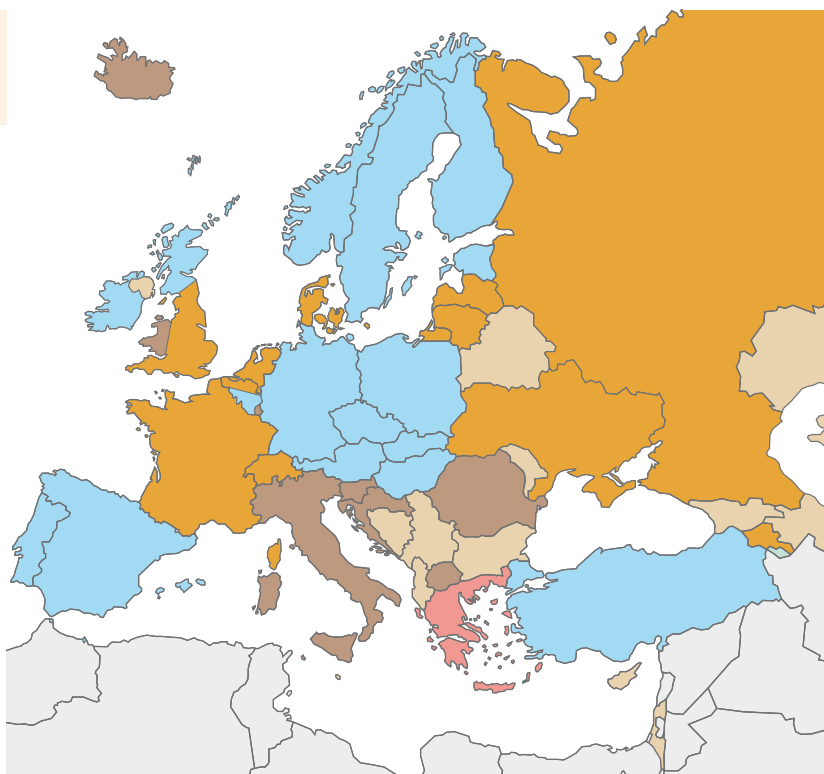
- 25% or more
- 20-24%
- 15-19%
- 10-14%
- Less than 10%
- **No data**



Note: HBSC teams provided disaggregated data for Belgium and the United Kingdom; these data appear in the map above.

15-year-old boys who report that they are overweight or obese according to BMI

- 25% or more
- 20-24%
- 15-19%
- 10-14%
- Less than 10%
- **No data**

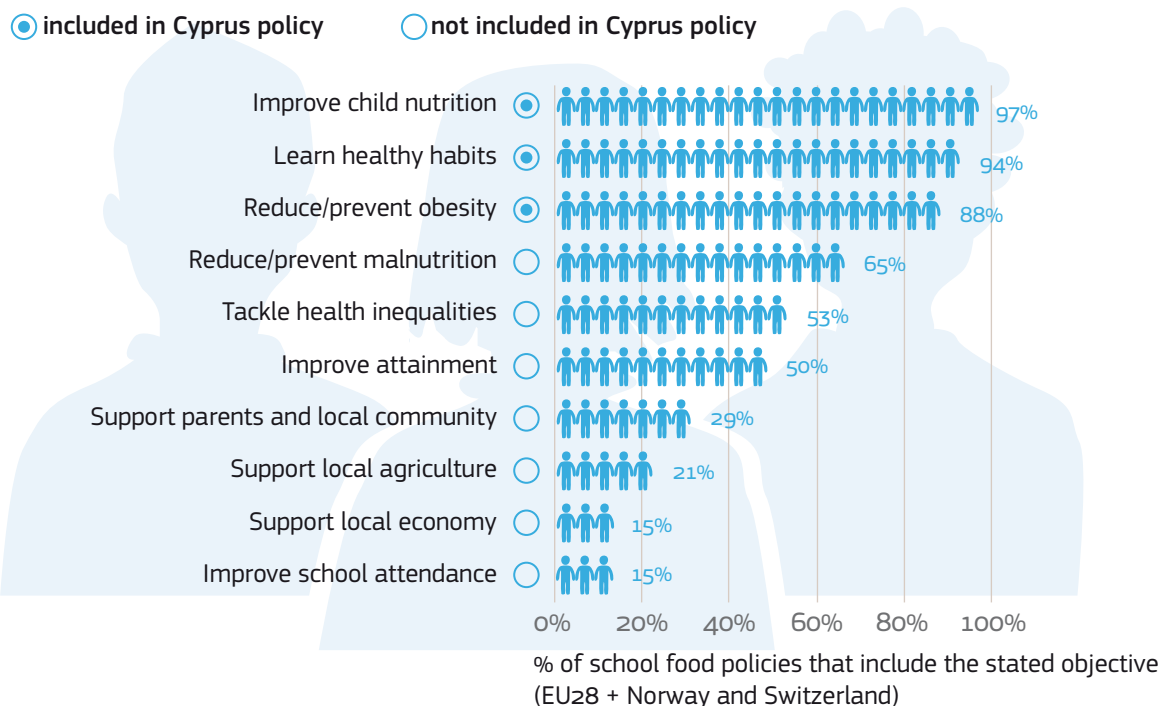


Note: HBSC teams provided disaggregated data for Belgium and the United Kingdom; these data appear in the map above.

From: Currie C et al. eds. Social determinants of health and well-being among young people. Health Behaviour in School-aged Children (HBSC) study: international report from the 2009/2010 survey. Copenhagen, WHO Regional Office for Europe, 2012 (Health Policy for Children and Adolescents, No. 6).

2

School food policy objectives

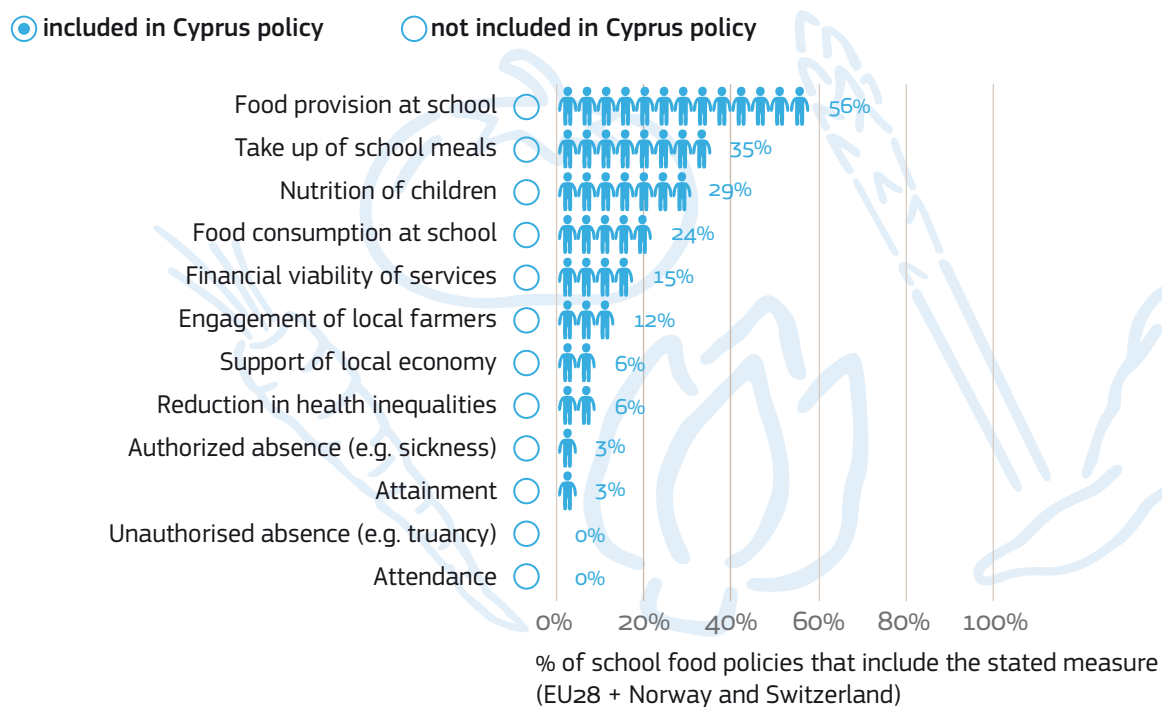


Other objectives:

- n/a

3

Measures through which the policy is evaluated

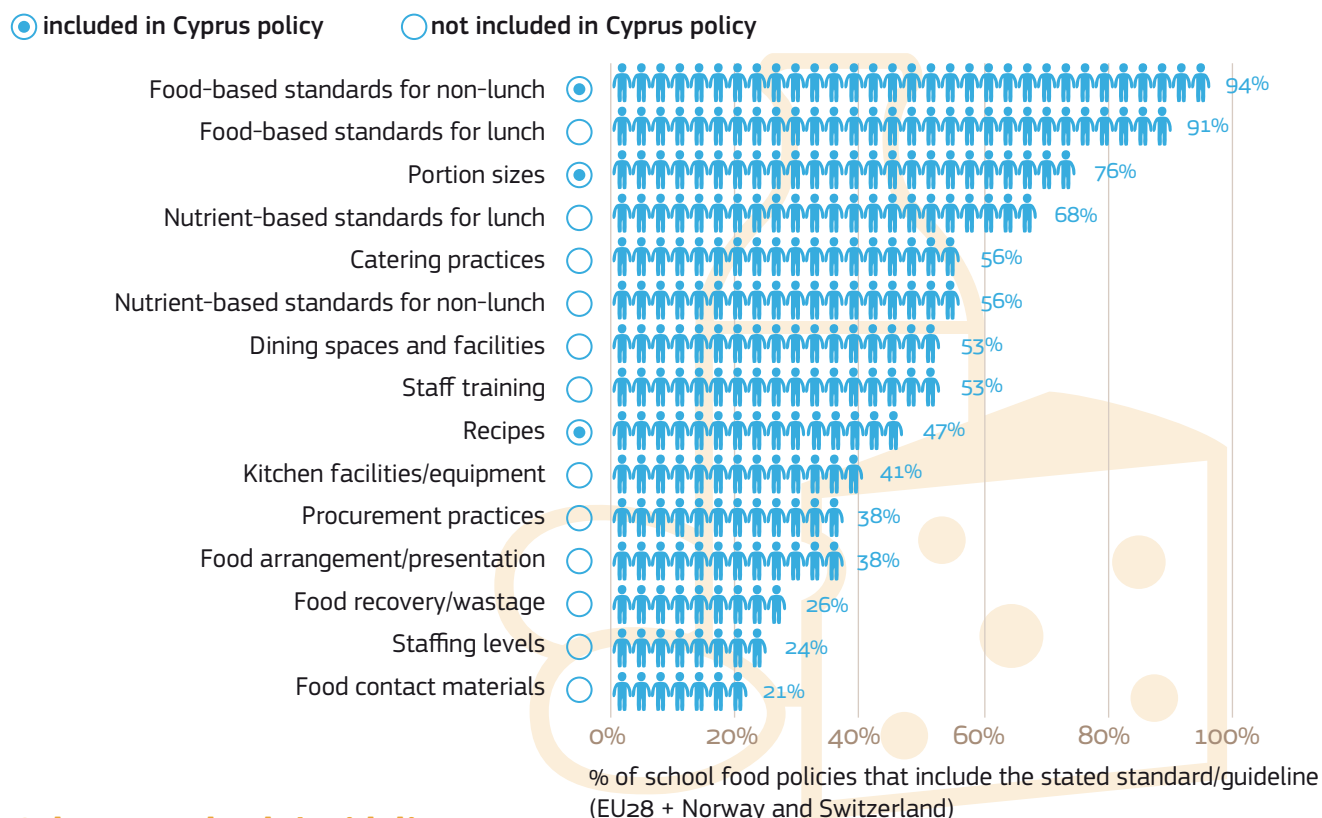


Other measures:

- n/a

4

School food policy standards and guidelines

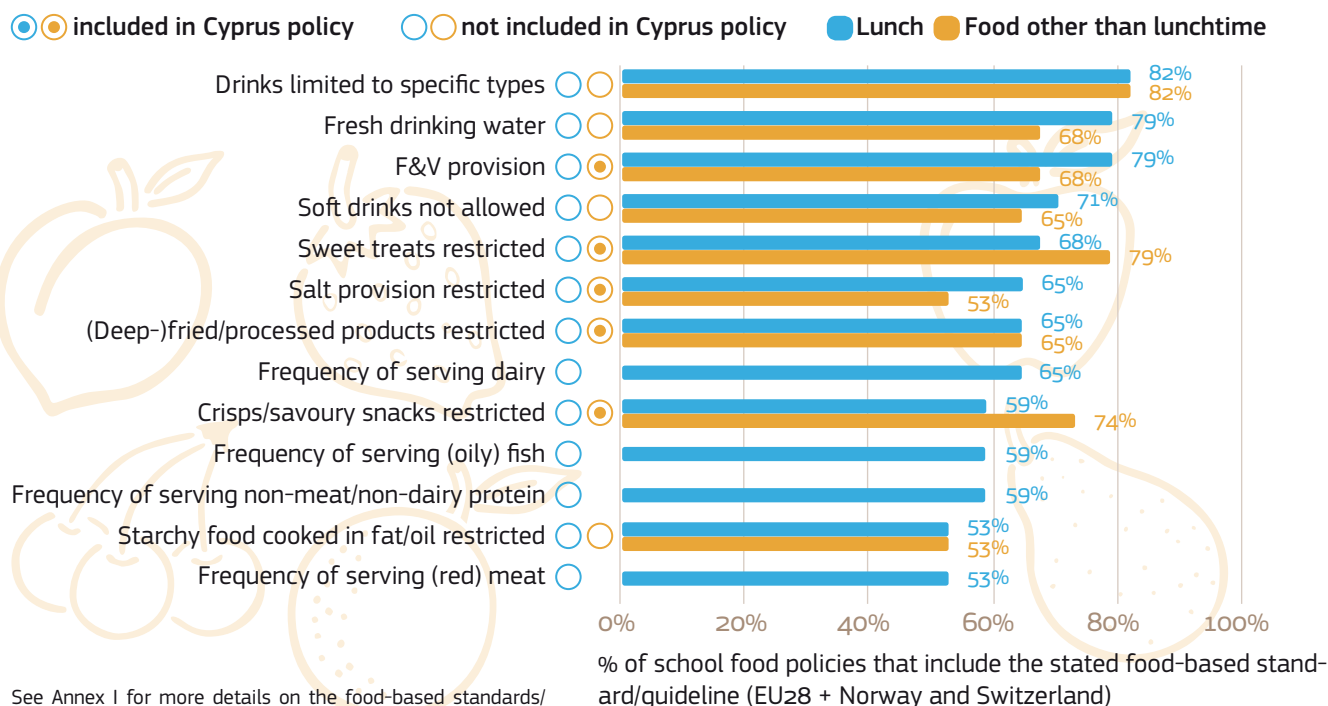


Other standards/guidelines:

• n/a

5

Food-based standards

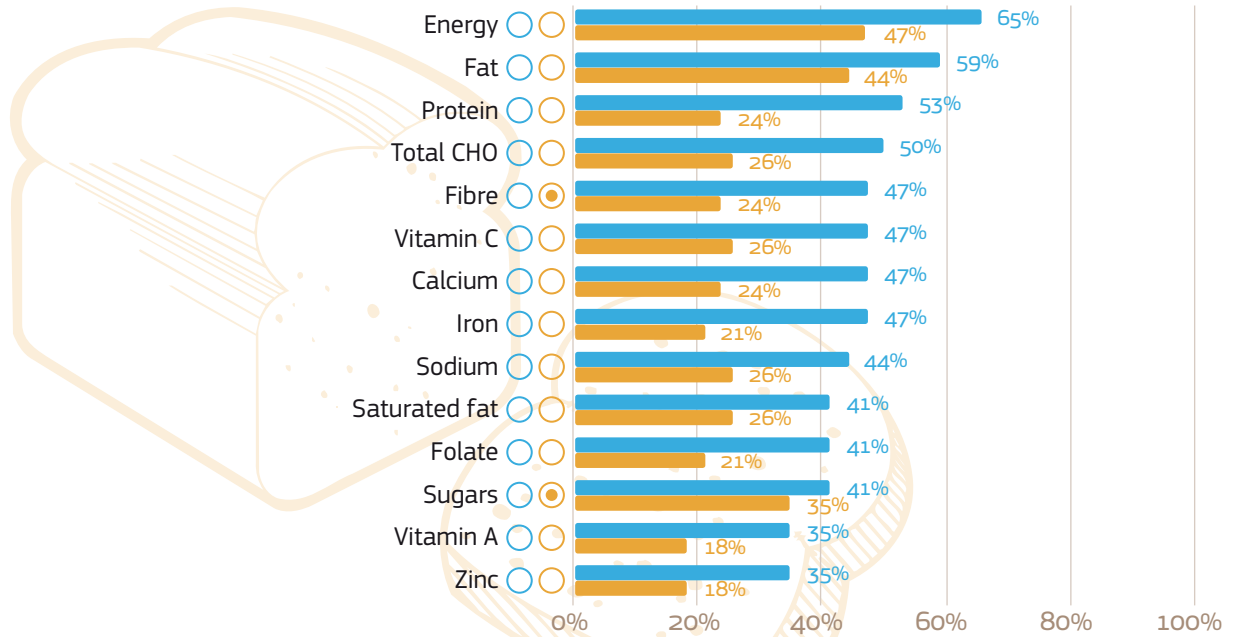


See Annex I for more details on the food-based standards/guidelines in Cyprus.

6

Nutrient-based standards

● ● included in Cyprus policy
 ○ ○ not included in Cyprus policy
 ■ Lunch
 ■ Food other than lunchtime



% of school food policies that include the stated energy-/nutrient-based standard/guideline (EU28 + Norway and Switzerland)

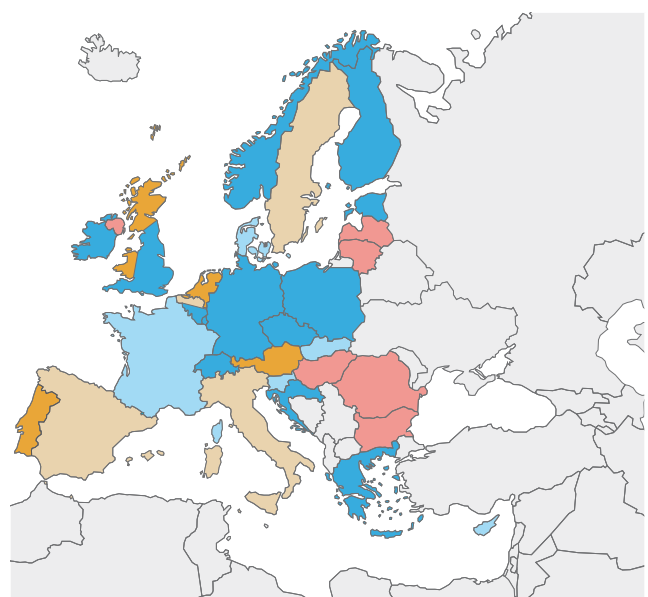
See Annex II for more details on the energy-/nutrient-based standards/guidelines in Cyprus.

7

Restrictions on vending machines on school premises

Cyprus

- **Vending machines don't exist on or are banned from school premises**
- (Certain) unhealthful foods/drinks not allowed in vending machines
- Vending machine offer in line with healthy eating guidance/standards
- (More) healthful options recommended, promoted
- No vending machine restrictions specified



Vending machine restrictions on school premises across EU28 + Norway and Switzerland

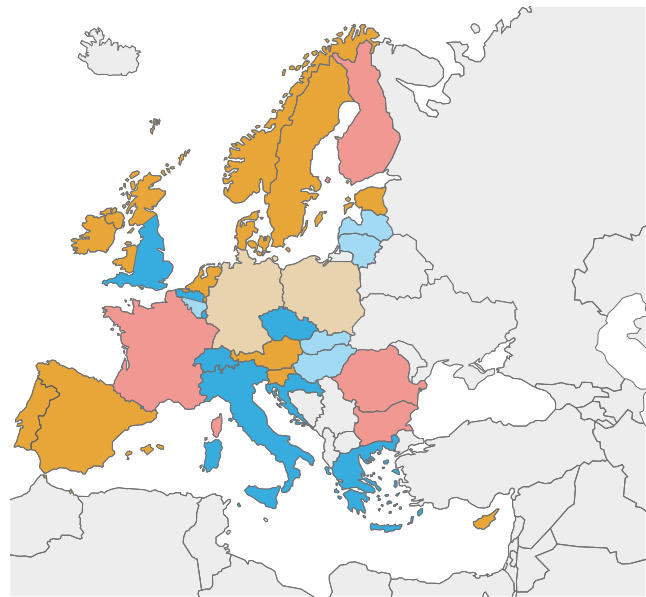
8

Restrictions on marketing of food or drink on school premises

Cyprus

- Specific marketing limits for drinks high in sugar, foods high in sugar, and savoury snacks high in fat or salt (HFSS foods/drinks), combined with restrictions of a more generic kind or focussing on other types of foods/drinks as well
- Marketing restrictions only on HFSS foods/drinks
- **Food marketing restricted in some other way without making reference to HFSS foods/drinks**
- Food marketing restricted in some other way without making reference to HFSS foods/drinks, and including a positive role of marketing/sponsoring
- No food marketing restrictions specified

Second National Nutrition Plan was adopted in 2007, where specific actions regarding marketing pressure to children were planned; However, no specific details have been reported; Cyprus is also involved in the European Member States Action Network on reducing marketing pressure to children



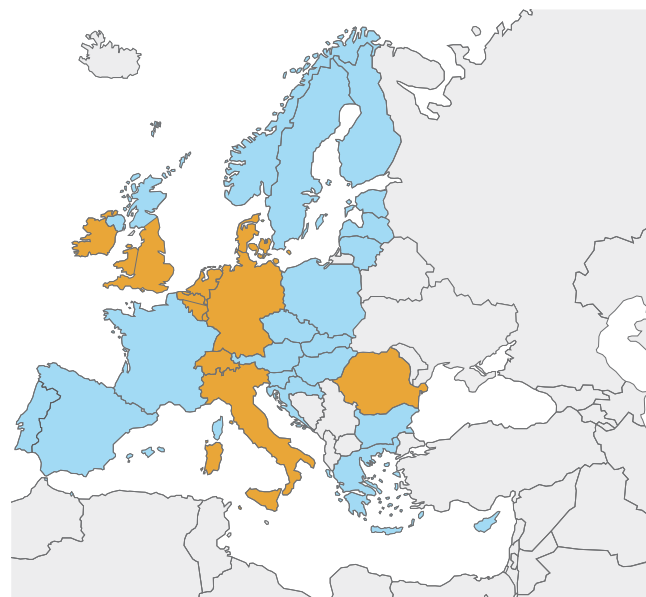
Food and drink marketing restrictions on school premises across EU28 + Norway and Switzerland

9

Is food and nutrition a mandatory part of the national educational curriculum?

Cyprus

Inclusion of physical and nutrition education in primary and secondary school curriculum is mandatory at national level



- **Mandatory food/nutrition education**
- Voluntary food/nutrition education

Additional information on Cyprus food-based standards for lunch and foods other than lunch

n/a = not applicable

	Lunch	Other than lunch
Specified amounts of fruit and vegetables must be provided for each child	-	-
Specified number of times (red) meat served	-	n/a
Specified number of times other sources of protein served	-	n/a
Specified number of times dairy products served	-	n/a
Specified number of times (oily) fish should be on the school lunch menu	-	n/a
Restrictions on availability of fried, deep-fried or processed products	-	x
Sweet treats (chocolate, confectionery, cakes, biscuits, etc.) restricted	-	predefined list of allowed sweet treats; less choice in primary schools
Starchy food cooked in fat or oil restricted	-	-
Crisps and savoury snacks restricted	-	x
Fresh drinking water must be provided and be easily accessible	-	-
Drinks limited to specific types (e.g. milk, fruit juice, water, combination of these)	-	focus on water and fruit juices (100% fruit); tea; ice tea only allowed in secondary schools
Soft-drinks (e.g. sugar-sweetened or artificially-sweetened soft drinks, squash) restricted	-	-
Salt provision is restricted	-	nuts and dried fruits on sale must not have added salt
Other	subsidised milk is offered to school children and EU funded programme for fruit distribution in schools has started in Sep 2009; no vending machines exist in schools	subsidised milk is offered to school children and EU funded programme for fruit distribution in schools has started in Sep 2009; no vending machines exist in schools

Additional information on Cyprus energy-/nutrient-based standards for lunch and foods other than lunch

	Lunch	Other than lunch
Energy	-	-
Fat	-	-
Saturated fat	-	-
Total carbohydrate	-	-
Non-milk extrinsic sugars	-	certain foods must not contain added sugar
Fibre	-	yoghurt with fibre in the list of allowed foods
Protein	-	-
Iron	-	-
Zinc	-	-
Calcium	-	-
Vitamin A	-	-
Vitamin C	-	-
Folate	-	-
Sodium	-	-
Other	-	yoghurt without lactose in the list of allowed foods