

# SCHOOL FOOD POLICY COUNTRY FACTSHEETS



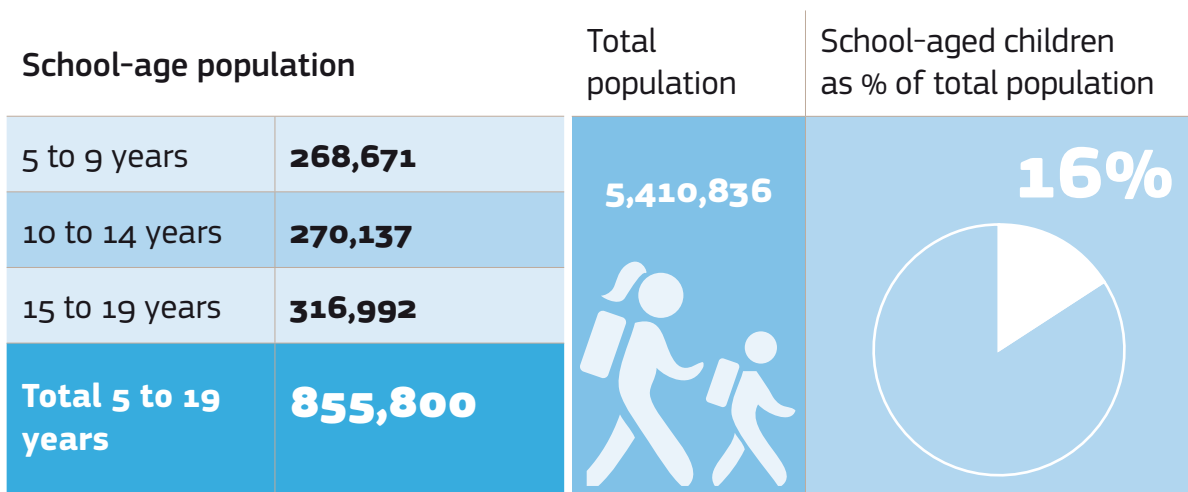
## SLOVAKIA



<b>School food policy (mandatory)</b>	“VYHLÁŠKA Ministerstva školstva Slovenskej republiky zo 14. augusta 2009 o zariadení školského stravovania”
<b>Developed by</b>	A combination of ministries
<b>Year of publication</b>	2009
<b>Web link(s)</b>	<a href="http://www.minedu.sk/skolske-zariadenia/">http://www.minedu.sk/skolske-zariadenia/</a> <a href="http://www.minedu.sk/data/att/653.pdf">http://www.minedu.sk/data/att/653.pdf</a> <a href="http://www.minedu.sk/8009-sk/skolske-stravovanie/">http://www.minedu.sk/8009-sk/skolske-stravovanie/</a> <a href="http://www.minedu.sk/vyhlasenie-vysledkov-vyzvy-na-podavanie-ziadosti-o-poskyt-nutie-financnych-prostriedkov-na-rozvojovy-projekt-zdravie-na-tanieri-2014/">http://www.minedu.sk/vyhlasenie-vysledkov-vyzvy-na-podavanie-ziadosti-o-poskyt-nutie-financnych-prostriedkov-na-rozvojovy-projekt-zdravie-na-tanieri-2014/</a>

## General information

### Demographic data



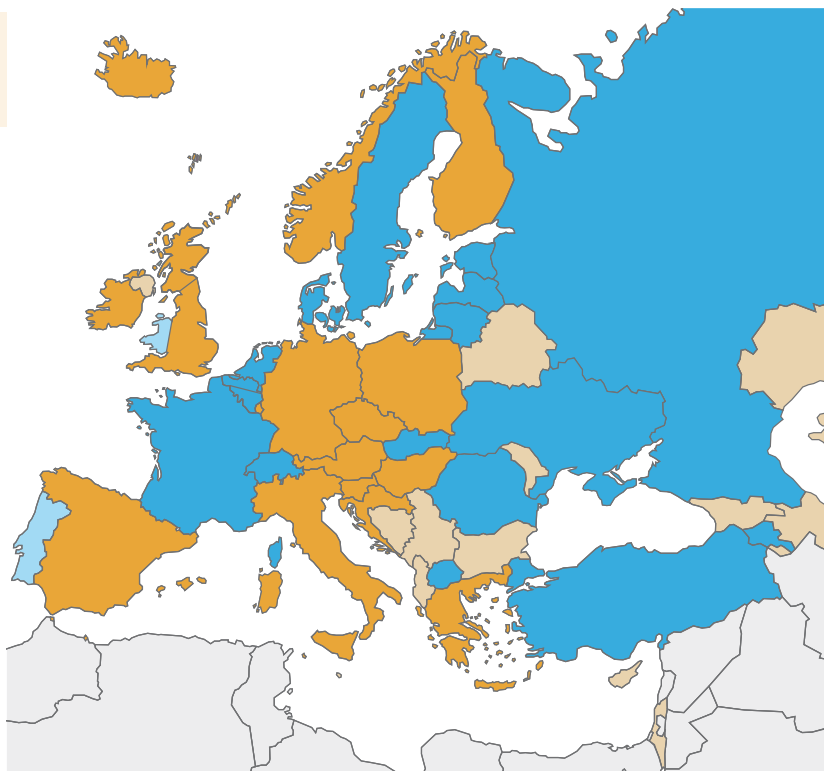
Source: EUROSTAT, year 2013.



## Adolescent overweight/obesity prevalence in Europe

15-year-old girls who report that they are overweight or obese according to BMI

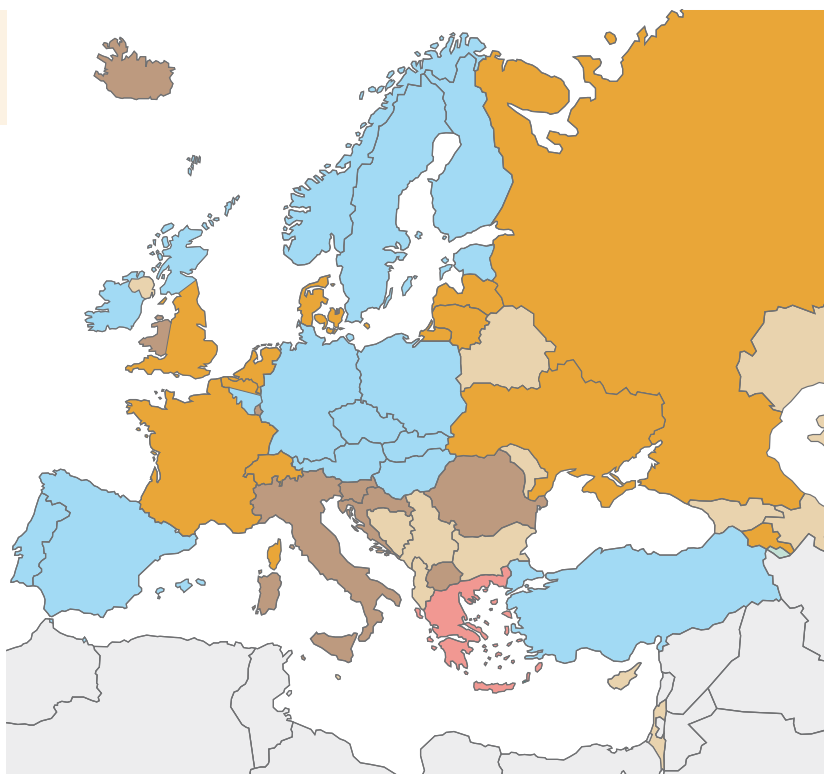
- 25% or more
- 20-24%
- 15-19%
- 10-14%
- Less than 10%**
- No data



Note: HBSC teams provided disaggregated data for Belgium and the United Kingdom; these data appear in the map above.

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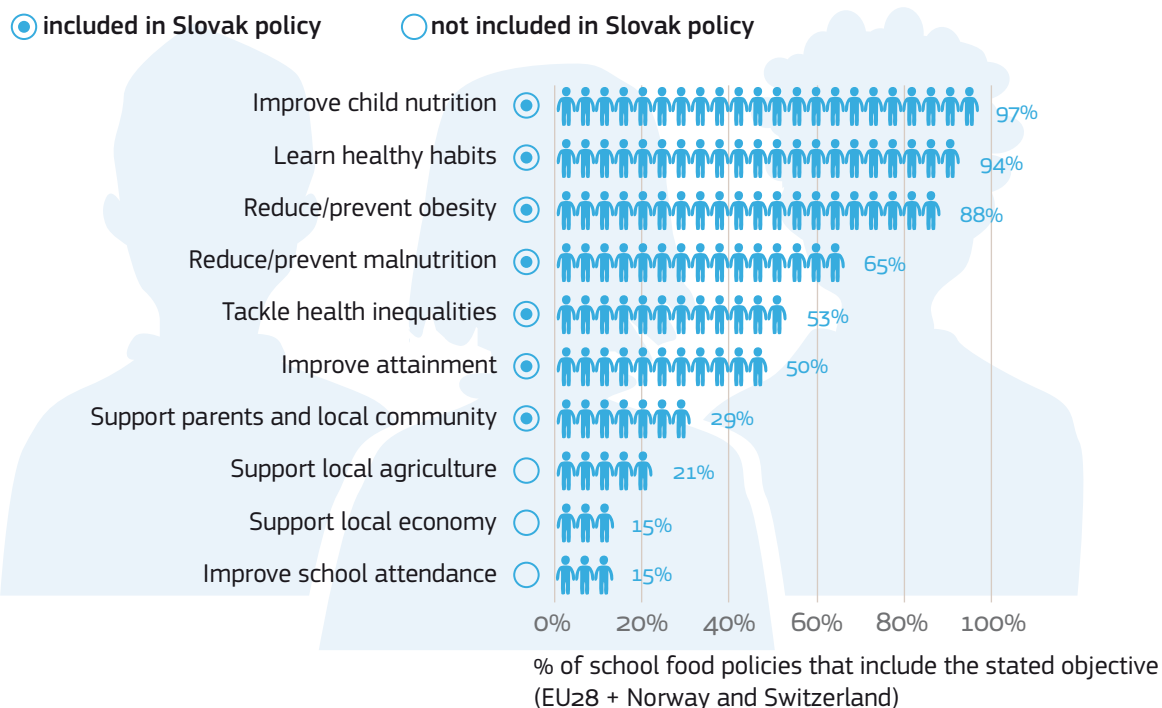


Note: HBSC teams provided disaggregated data for Belgium and the United Kingdom; these data appear in the map above.

From: Currie C et al. eds. Social determinants of health and well-being among young people. Health Behaviour in School-aged Children (HBSC) study: international report from the 2009/2010 survey. Copenhagen, WHO Regional Office for Europe, 2012 (Health Policy for Children and Adolescents, No. 6).

# 2

## School food policy objectives

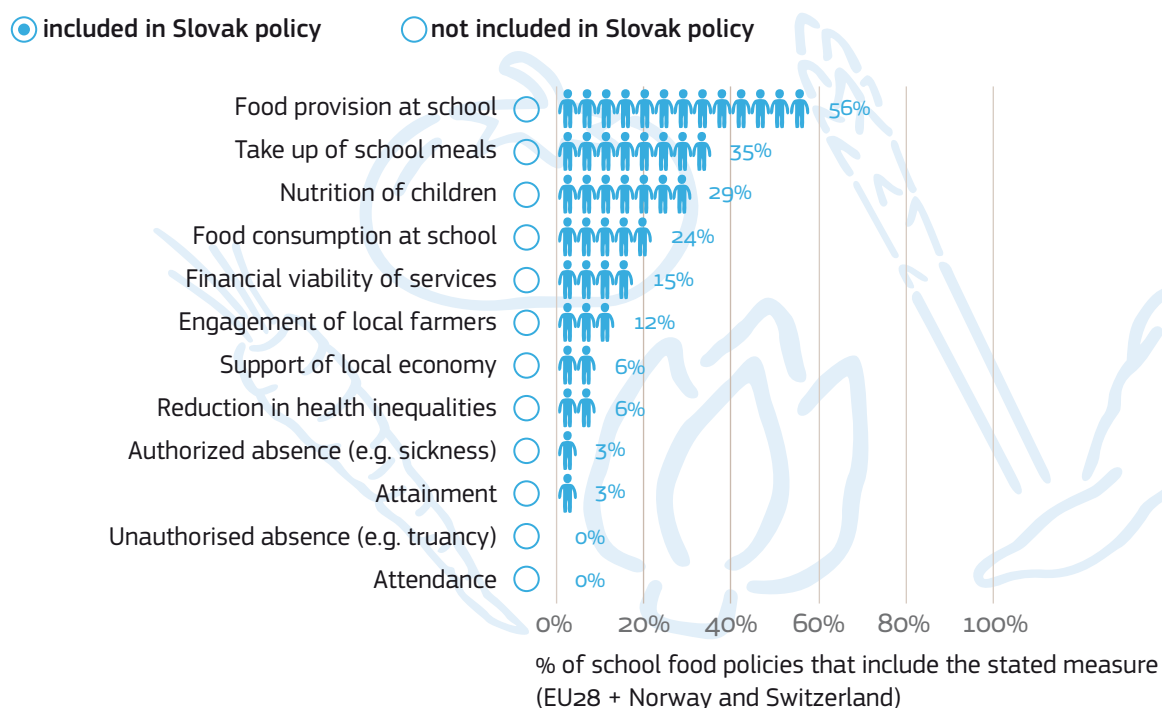


### Other objectives:

- Prevent addiction; ensure personality development (mental and physical health); prevent non-communicable diseases

# 3

## Measures through which the policy is evaluated

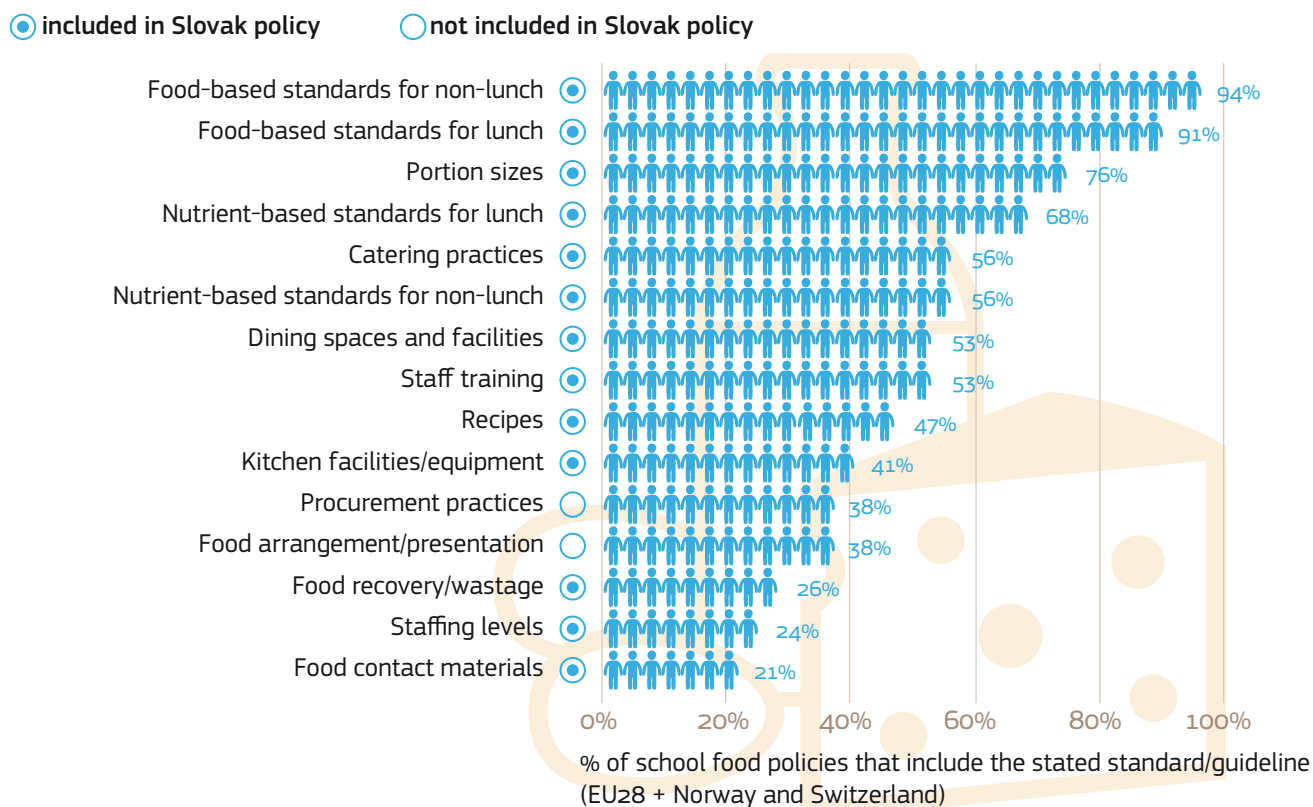


### Other measures:

- n/a

# 4

## School food policy standards and guidelines

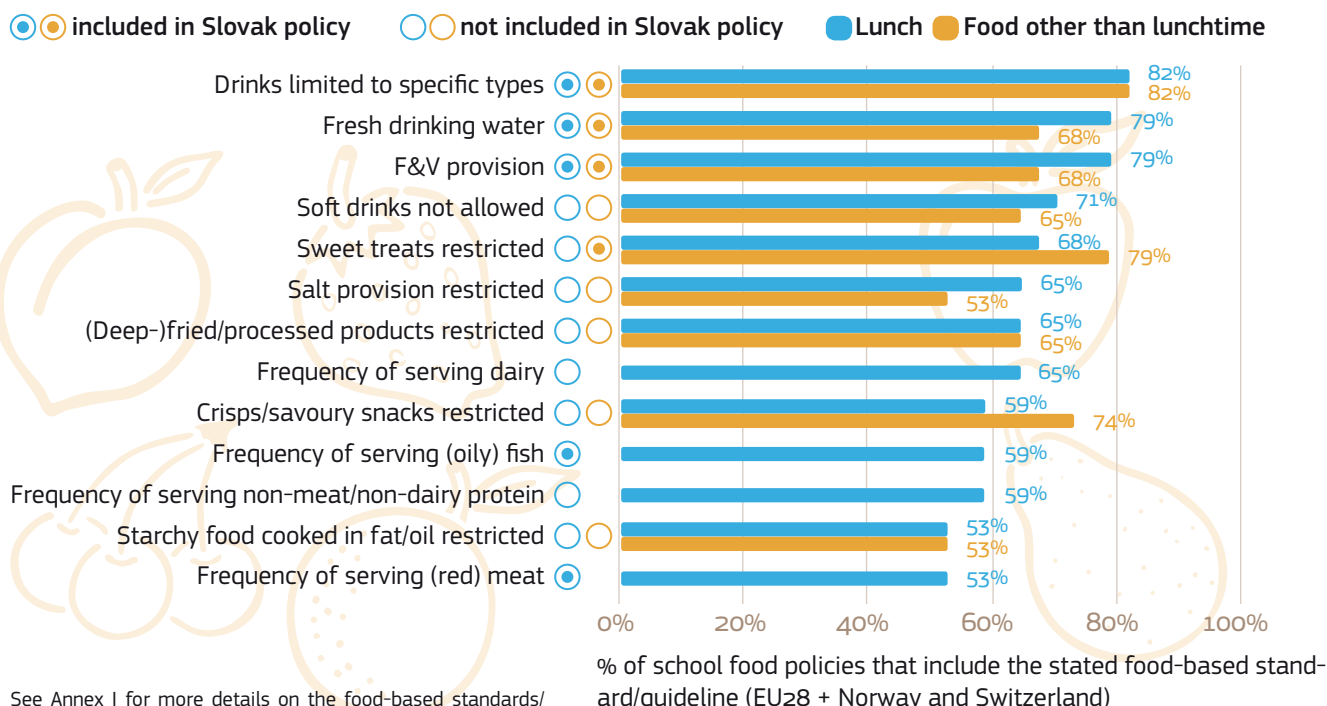


### Other standards/guidelines:

- Food handling, storage and hygiene (staff and food)

# 5

## Food-based standards



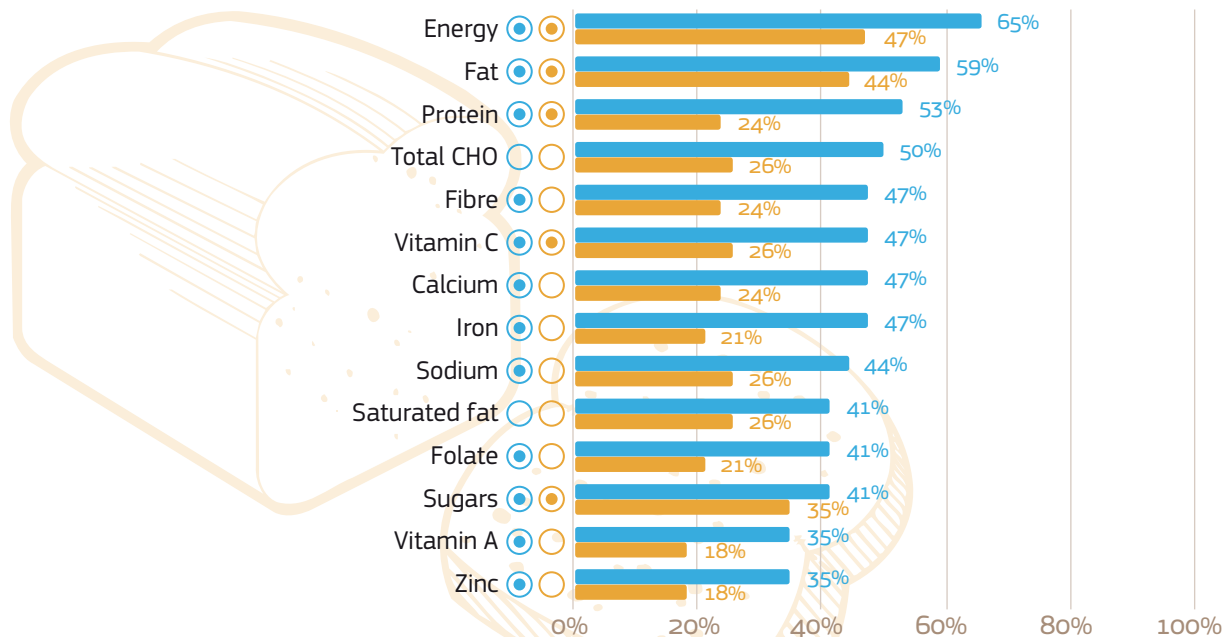
See Annex I for more details on the food-based standards/guidelines in Slovakia.



# 6

## Nutrient-based standards

● ● included in Slovak policy   
 ○ ○ not included in Slovak policy   
 ■ Lunch   
 ■ Food other than lunchtime



% of school food policies that include the stated energy-/nutrient-based standard/guideline (EU28 + Norway and Switzerland)

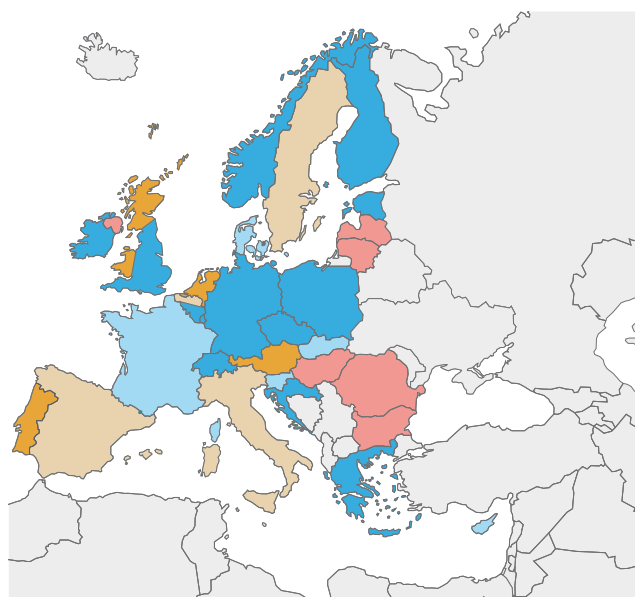
See Annex II for more details on the energy-/nutrient-based standards/guidelines in Slovakia.

# 7

## Restrictions on vending machines on school premises

### Slovakia

- **Vending machines don't exist on or are banned from school premises**
- (Certain) unhealthful foods/drinks not allowed in vending machines
- Vending machine offer in line with healthy eating guidance/standards
- (More) healthful options recommended, promoted
- No vending machine restrictions specified



Vending machine restrictions on school premises across EU28 + Norway and Switzerland

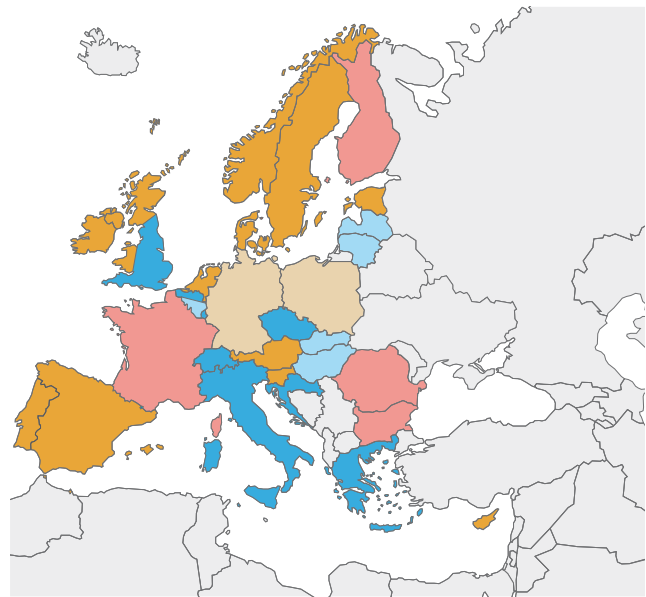
# 8

## Restrictions on marketing of food or drink on school premises

### Slovakia

- **Specific marketing limits for drinks high in sugar, foods high in sugar, and savoury snacks high in fat or salt (HFSS foods/drinks), combined with restrictions of a more generic kind or focussing on other types of foods/drinks as well**
- Marketing restrictions only on HFSS foods/drinks
- Food marketing restricted in some other way without making reference to HFSS foods/drinks
- Food marketing restricted in some other way without making reference to HFSS foods/drinks, and including a positive role of marketing/sponsoring
- No food marketing restrictions specified

Marketing restrictions on drinks high in caffeine

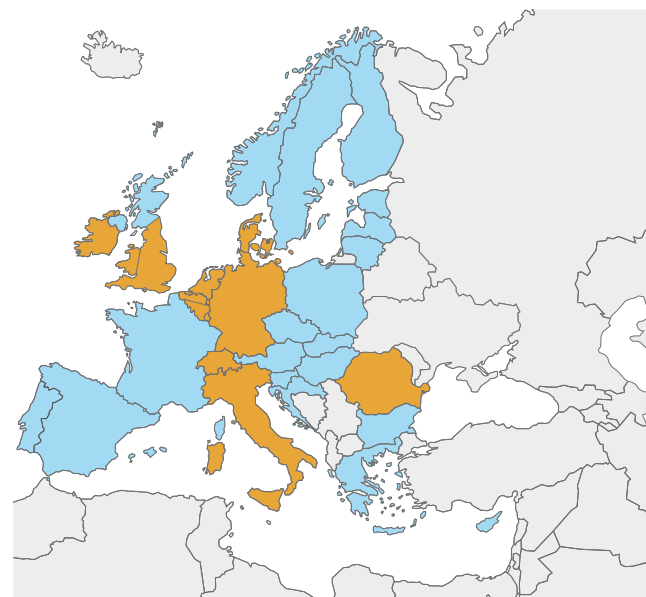


Food and drink marketing restrictions on school premises across EU28 + Norway and Switzerland

# 9

## Is food and nutrition a mandatory part of the national educational curriculum?

### Slovakia



- **Mandatory food/nutrition education**
- Voluntary food/nutrition education

## Additional information on Slovak food-based standards for lunch and foods other than lunch

n/a = not applicable

	Lunch	Other than lunch
Specified amounts of fruit and vegetables must be provided for each child	Seasonal fresh vegetables daily; one main dish per week based on vegetables; fruit included in daily menu as budget allows; dessert including fruit at least 2/wk	-
Specified number of times (red) meat served	Reference to meat and meat products in general, not red meat specifically; 2 main dishes per week with meat/poultry/fish, one with reduced meat content	n/a
Specified number of times other sources of protein served	-	n/a
Specified number of times dairy products served	-	n/a
Specified number of times (oily) fish should be on the school lunch menu	One main dish per week with fish, not specified if oily or lean	n/a
Restrictions on availability of fried, deep-fried or processed products	-	-
Sweet treats (chocolate, confectionery, cakes, biscuits, etc.) restricted	-	Vending machines for sweets banned in both primary and secondary schools
Starchy food cooked in fat or oil restricted	-	-
Crisps and savoury snacks restricted	-	-
Fresh drinking water must be provided and be easily accessible	x	x
Drinks limited to specific types (e.g. milk, fruit juice, water, combination of these)	Drinking water, mineral water, milk, unsweetened fruit and dark tea	Drinking water, mineral water, milk, unsweetened fruit and dark tea
Soft-drinks (e.g. sugar-sweetened or artificially-sweetened soft drinks, squash) restricted	-	-
Salt provision is restricted	-	-
Other	Wholemeal bread or dark breads are served as part of supplementary food; defined list of foods not recommended from food safety perspective	-



## Additional information on Slovak energy-/nutrient-based standards for lunch and foods other than lunch

	Lunch	Other than lunch
Energy	x	x
Fat	x	x
Saturated fat	-	-
Total carbohydrate	-	-
Non-milk extrinsic sugars	Sugar	Sugar
Fibre	x	-
Protein	x	x
Iron	x	-
Zinc	x	-
Calcium	x	-
Vitamin A	x	-
Vitamin C	x	x
Folate	x	-
Sodium	x	-
Other	Vitamins and minerals referred to generically	Vitamins and minerals referred to generically