

# SCHOOL FOOD POLICY COUNTRY FACTSHEETS



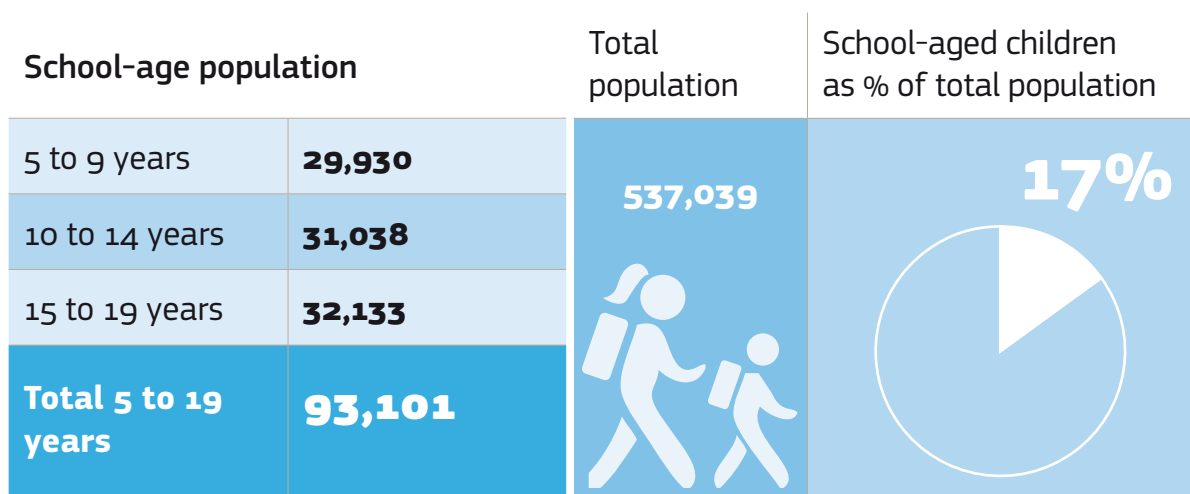
## LUXEMBOURG



<b>School food policy (voluntary)</b>	“Plan d’action pour la promotion de l’alimentation saine et de l’activité physique”
<b>Developed by</b>	Ministry of National Education and Vocational Training, Ministry of Health, Ministry of Family and Integration, Ministry of Sports
<b>Year of publication</b>	2006
<b>Web link(s)</b>	<a href="http://www.sante.public.lu/publications/rester-bonne-sante/activite-physique/plan-action-promotion-alimentation-saine-activite-physique/plan-action-promotion-alimentation-saine-activite-physique.pdf">http://www.sante.public.lu/publications/rester-bonne-sante/activite-physique/plan-action-promotion-alimentation-saine-activite-physique/plan-action-promotion-alimentation-saine-activite-physique.pdf</a>

## General information

### Demographic data



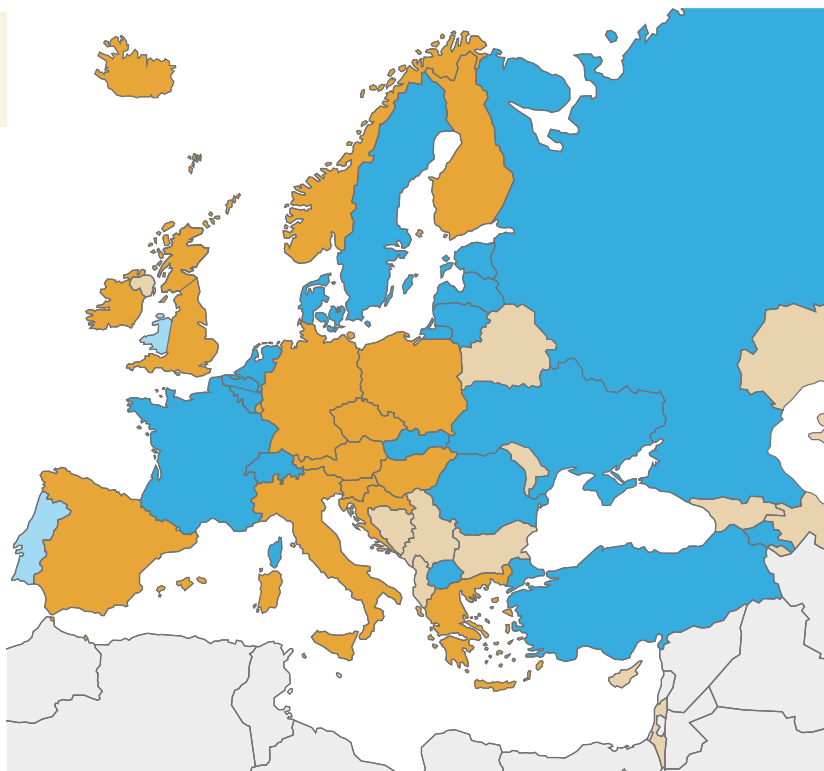
Source: EUROSTAT, year 2013.



## Adolescent overweight/obesity prevalence in Europe

15-year-old girls who report that they are overweight or obese according to BMI

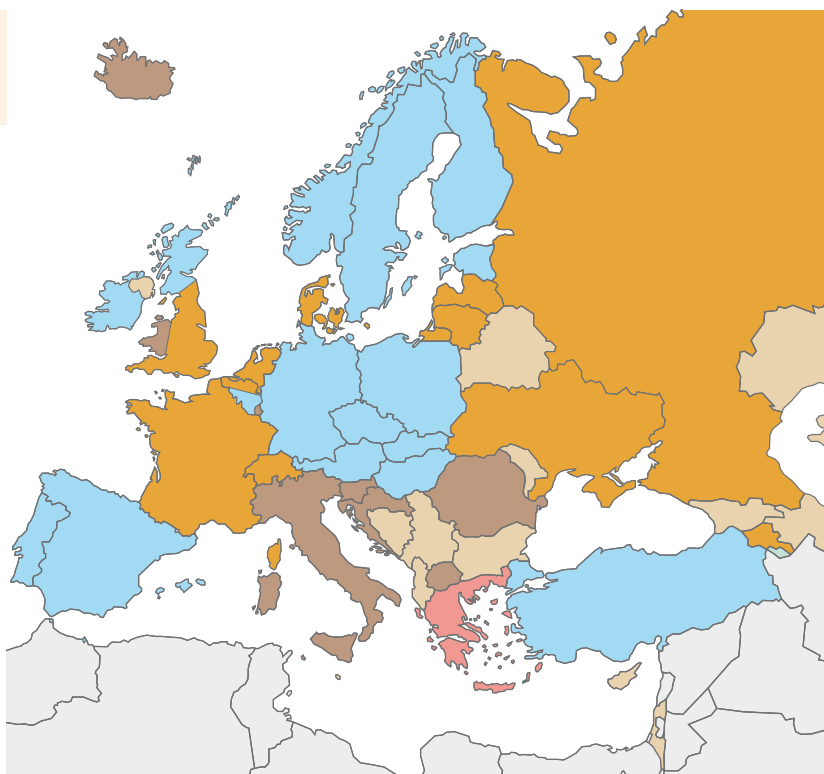
- 25% or more
- 20-24%
- 15-19%
- **10-14%**
- Less than 10%
- No data



Note: HBSC teams provided disaggregated data for Belgium and the United Kingdom; these data appear in the map above.

15-year-old boys who report that they are overweight or obese according to BMI

- 25% or more
- **20-24%**
- 15-19%
- 10-14%
- Less than 10%
- No data

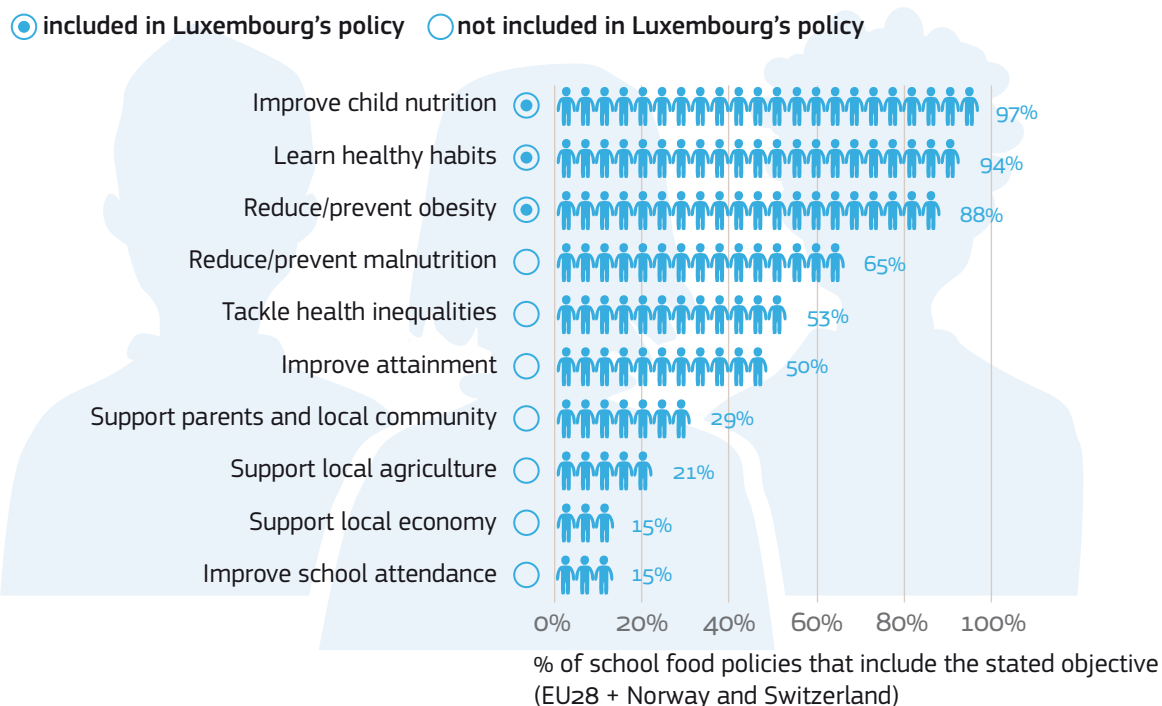


Note: HBSC teams provided disaggregated data for Belgium and the United Kingdom; these data appear in the map above.

From: Currie C et al. eds. Social determinants of health and well-being among young people. Health Behaviour in School-aged Children (HBSC) study: international report from the 2009/2010 survey. Copenhagen, WHO Regional Office for Europe, 2012 (Health Policy for Children and Adolescents, No. 6).

# 2

## School food policy objectives

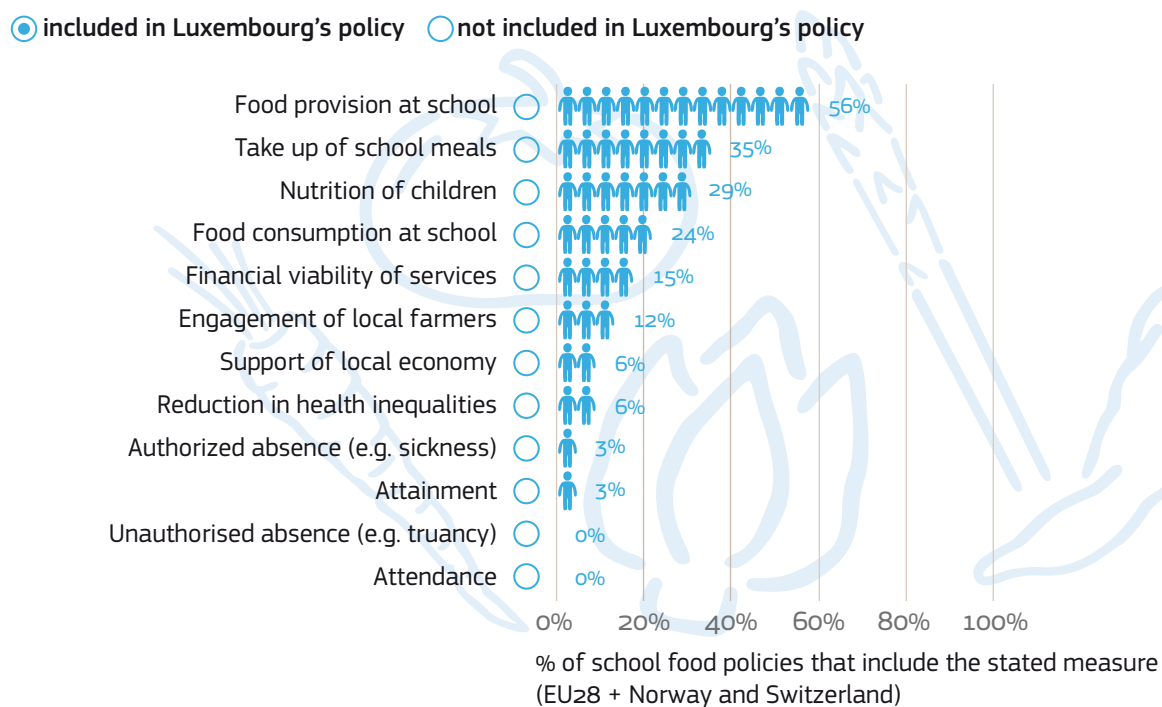


### Other objectives:

- Healthy attitudes

# 3

## Measures through which the policy is evaluated

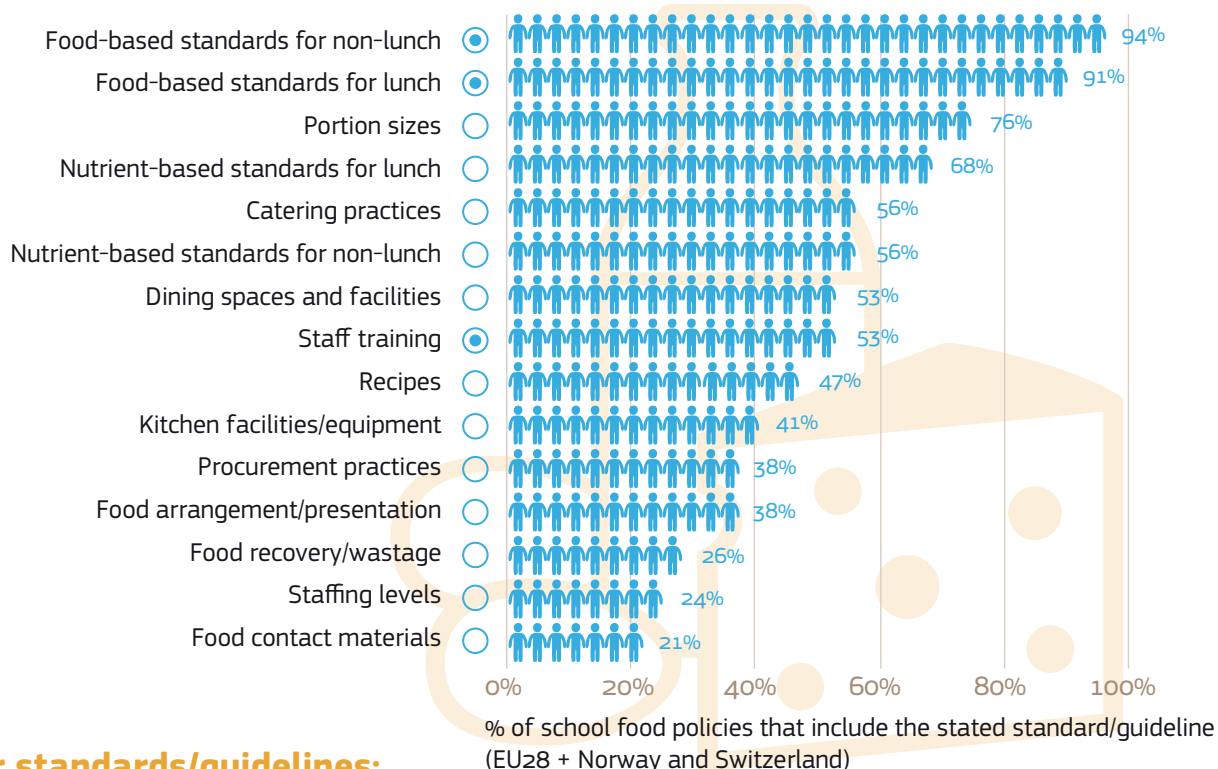


### Other measures:

- Evaluation plan should be developed and implemented, but is not specified further

## School food policy standards and guidelines

● included in Luxembourg's policy ○ not included in Luxembourg's policy

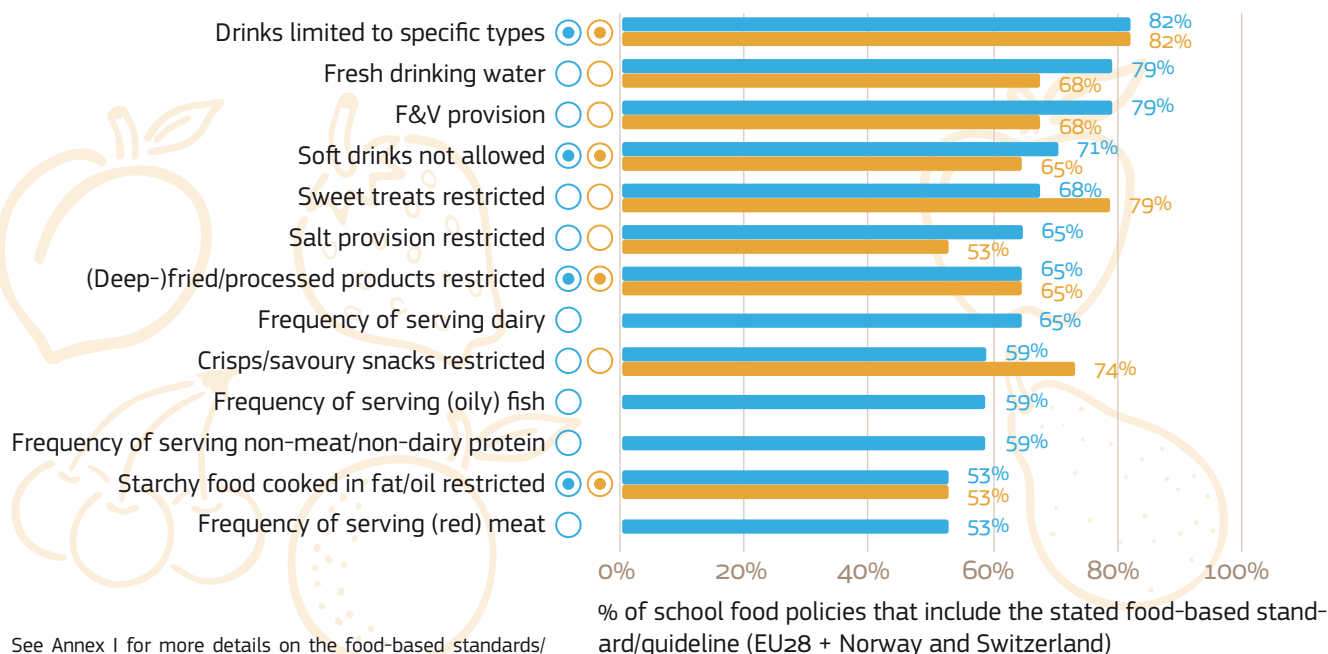


### Other standards/guidelines:

- Government-endorsed national website for school catering services: <http://portal.education.lu/restopolis/Accueil.aspx>

## Food-based standards

●● included in Luxembourg's policy ○○ not included in Luxembourg's policy ● Lunch ● Food other than lunchtime

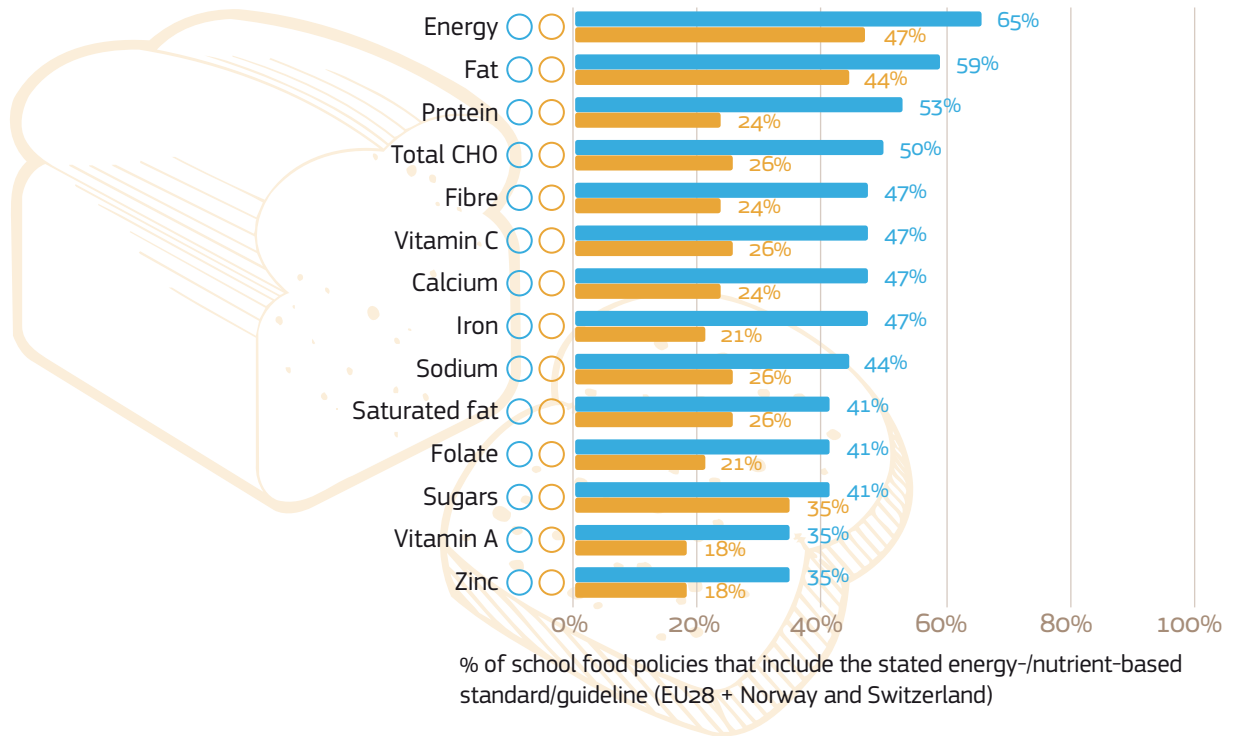


See Annex I for more details on the food-based standards/guidelines in Luxembourg.

# 6

## Nutrient-based standards

● ● included in Luxembourg's policy 
 ○ ○ not included in Luxembourg's policy 
 ■ Lunch 
 ■ Food other than lunchtime

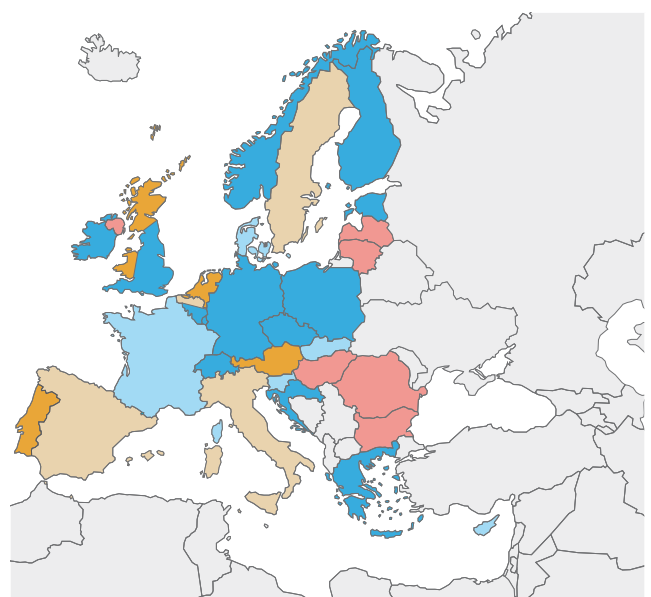


# 7

## Restrictions on vending machines on school premises

### Luxembourg

- Vending machines don't exist on or are banned from school premises
- (Certain) unhealthy foods/drinks not allowed in vending machines
- Vending machine offer in line with healthy eating guidance/standards
- (More) healthful options recommended, promoted
- **No vending machine restrictions specified**



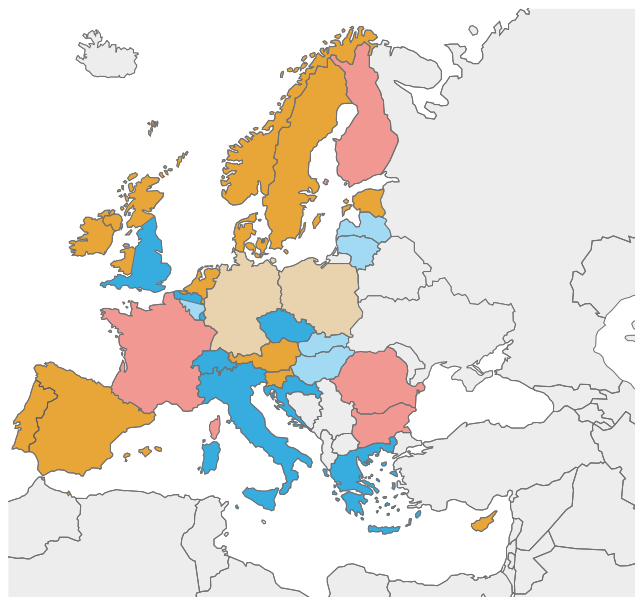
Vending machine restrictions on school premises across EU28 + Norway and Switzerland

# 8

## Restrictions on marketing of food or drink on school premises

### Luxembourg

- Specific marketing limits for drinks high in sugar, foods high in sugar, and savoury snacks high in fat or salt (HFSS foods/drinks), combined with restrictions of a more generic kind or focussing on other types of foods/drinks as well
- Marketing restrictions only on HFSS foods/drinks
- Food marketing restricted in some other way without making reference to HFSS foods/drinks
- Food marketing restricted in some other way without making reference to HFSS foods/drinks, and including a positive role of marketing/sponsoring
- **No food marketing restrictions specified**



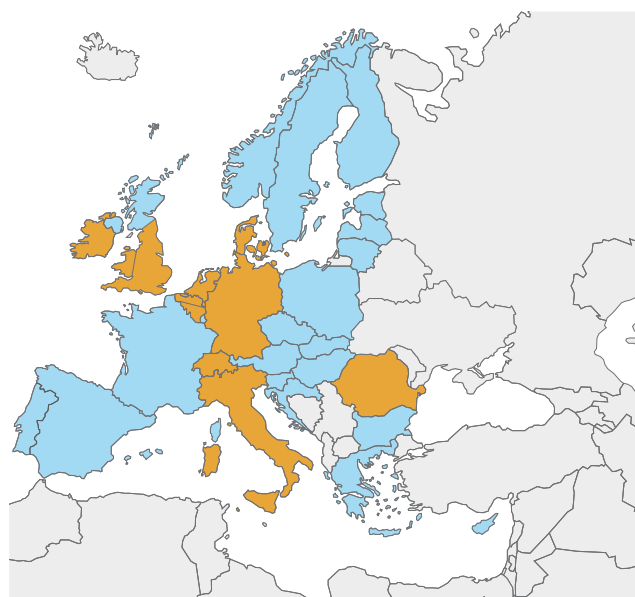
Food and drink marketing restrictions on school premises across EU28 + Norway and Switzerland

# 9

## Is food and nutrition a mandatory part of the national educational curriculum?

### Luxembourg

National educational curriculum includes optional hours of health education



- **Mandatory food/nutrition education**
- Voluntary food/nutrition education

## Additional information on Luxembourg's food-based standards for lunch and foods other than lunch

n/a = not applicable

	Lunch	Other than lunch
Specified amounts of fruit and vegetables must be provided for each child	-	-
Specified number of times (red) meat served	-	n/a
Specified number of times other sources of protein served	-	n/a
Specified number of times dairy products served	-	n/a
Specified number of times (oily) fish should be on the school lunch menu	-	n/a
Restrictions on availability of fried, deep-fried or processed products	Stop isolated sale of certain products such as pommes frites	Stop isolated sale of certain products such as French fries
Sweet treats (chocolate, confectionery, cakes, biscuits, etc.) restricted	-	-
Starchy food cooked in fat or oil restricted	Stop isolated sale of certain products such as French fries	Stop isolated sale of certain products such as pommes frites
Crisps and savoury snacks restricted	-	-
Fresh drinking water must be provided and be easily accessible	-	-
Drinks limited to specific types (e.g. milk, fruit juice, water, combination of these)	Make water cheaper than sugared drinks; phase out all sugary drinks distributors	Make water cheaper than sugared drinks; phase out all sugary drinks distributors
Soft-drinks (e.g. sugar-sweetened or artificially-sweetened soft drinks, squash) restricted	Make water cheaper than sugared drinks; phase out all sugary drinks distributors	Make water cheaper than sugared drinks; phase out all sugary drinks distributors
Salt provision is restricted	-	-
Other	All canteens are required to provide balanced meals; gradual replacement of cooked meals with fresh foods; implementation of distributors of fresh produce (fruit, etc.); involve students in the preparation of school meals: pilot projects in selected schools and primary schools and developing transferable prospects nationally	-