

Coaching for Breakthrough Outcomes: The Mobility Mentoring Approach

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EMPath
Economic Mobility Pathways



Science shows that poverty affects how we think and behave



- The stresses of poverty compromise core decision-making and behavior management skills (so-called executive functioning skills-EF)
- It swamps our analytic capabilities, compromises our abilities to think about the future, and heightens our impulsivity

What is Mobility Mentoring™?



Mobility Mentoring is the professional practice of partnering with participants so that over time they may acquire the resources, skills, and sustained behavior changes necessary to attain and preserve their economic independence.

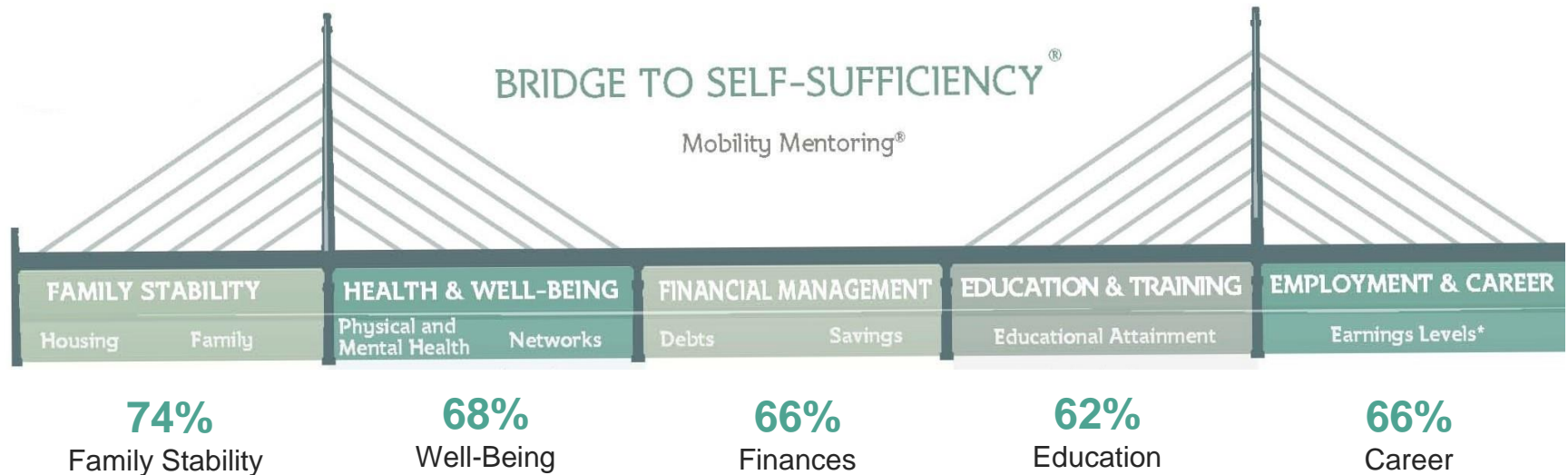


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The Core of Mobility Mentoring in the Bridge to Self Sufficiency

Mobility Mentors use The Bridge to Self-Sufficiency® to help families set, reach and sustain their goals:



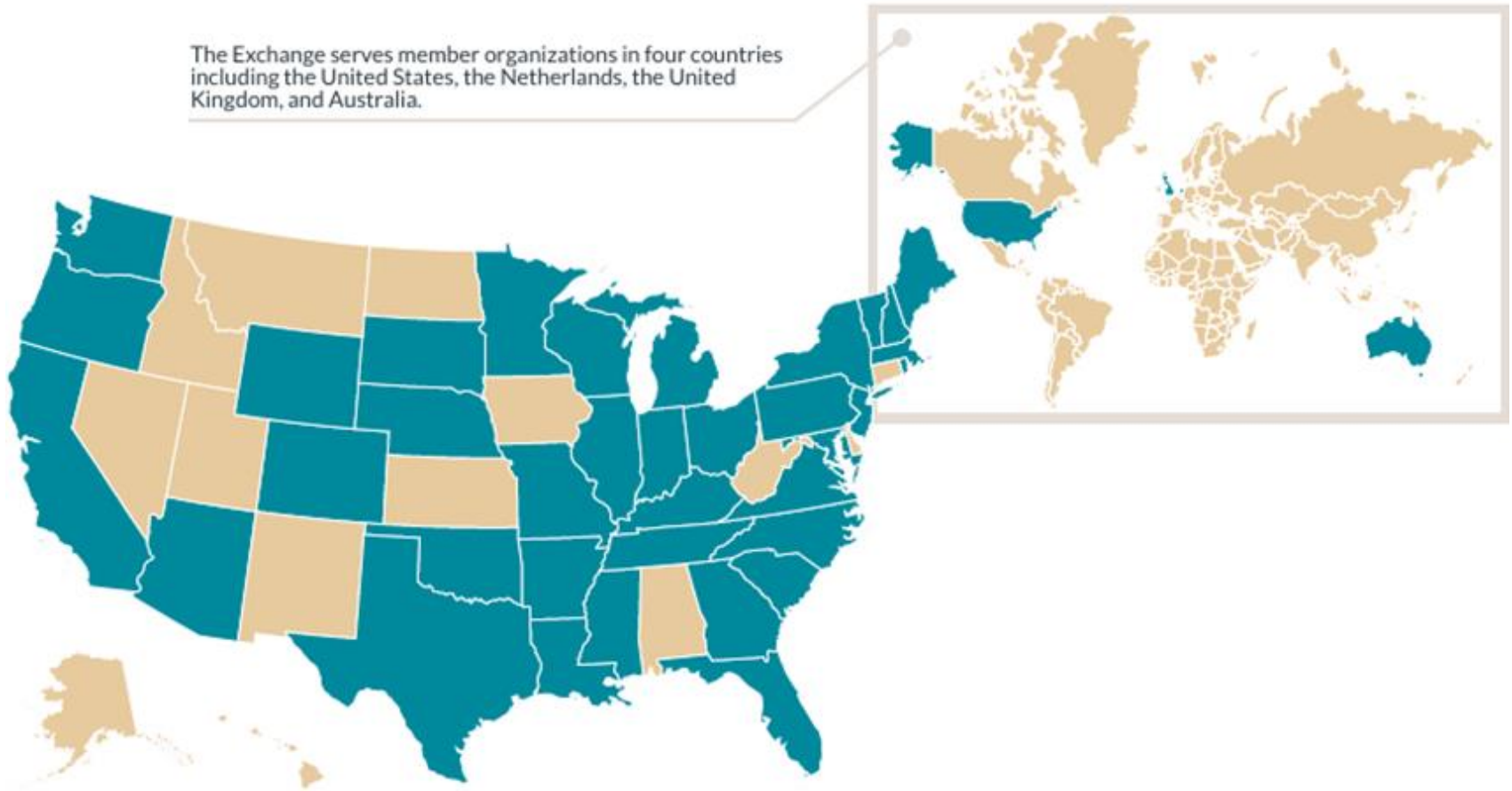
Above are the recent goal completion rates for all EMPATH's families in 2019

Families who successfully participate for 3-5 years have been shown to (on average)-

- Increase employment rates **to 97%**
- increase their incomes 178% **to \$46,000/year**
- Increase credit scores **by 108 points**
- Increase rates of college completion **to 75%**

The Economic Mobility Exchange now has 140 organizational members that have served more than 200,000 participants with Mobility Mentoring

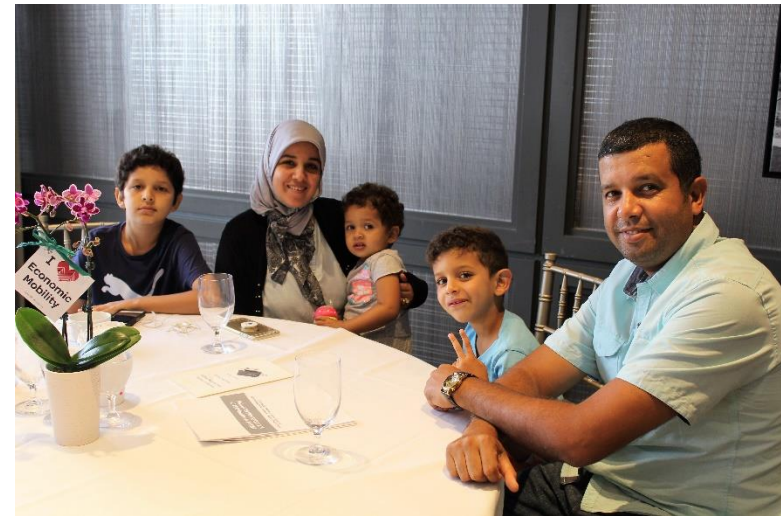
The Exchange serves member organizations in four countries including the United States, the Netherlands, the United Kingdom, and Australia.



Economic Mobility Exchange Member Organizations

Exchange member organizations are also getting great results

- Each program served an average of 87 participants who together set 1,305 goals;
- Of the goals set, on average, 74% were successfully completed;
- The average individual earnings gains of participants across all programs was \$5295/participant/year.



Thank You!

For more information on EMPath and our work, please go to our website:
www.empathways.org .

You may also reach me at: ebabcock@empathways.org.

www.EMPathways.org

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