



Launch of the JRC book

LONELINESS IN EUROPE Determinants, Risks and Interventions

7 February 2025

Online from 15:00 to 16:30 (CET)

Loneliness, often referred to as the 'epidemic of the 21st century', has emerged as a serious public health concern. For years, a lack of comprehensive European cross-national data hindered a thorough examination of this issue. In 2022, the European Commission's Joint Research Centre conducted the inaugural EU Loneliness Survey, covering around 30,000 individuals in 27 European nations.

During this online book launch, the authors will present a synthesis of first results of this survey. The aim is to inform what is at stake, to discuss the societal impact of loneliness and to highlight future pathways for monitoring and investigating loneliness in Europe.

Moderator: *Laura Cassio*, Senior Expert at the European Commission, JRC

AGENDA

- 15.00 to 15.05** Welcome and introductory remarks by *Michaela Saisana*, Head of Unit S3 (Science for Modelling, Monitoring and Evaluation), JRC
- 15.05 to 16:00** Presentations by the book authors
- Introduction to loneliness in the EU by *Caterina Mauri*, Vrije Universiteit Brussel, and *Francesco Berlingieri*, JRC
- Childhood experiences, health and loneliness by *Matija Kovacic*, JRC
- Social media use and loneliness by *Béatrice d'Hombres* and *Chiara Gentile*, JRC
- Loneliness, societal preferences and political attitudes by *Elena Stepanova*, JRC
- Counteracting the effects of loneliness: empirical research and policy interventions by *Minna Nurminen*, JRC
- 16:00 to 16:20** Questions and answers
- 16:20 to 16:30** Closing remarks by *Sylke Schnepf*, JRC